





RHECC "SNACK" MENU

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 1						
AM	Wheat thins Pears	Yogurt Graham crackers	Cheese it's Milk	Club Pears	Peaches Graham crackers	
PM	Toasted Ham slice	Hummus Pita	Fresh Fruit Animal crackers	Fresh fruit Saltines	Banana muffin Water	
Week 2						
AM	Pears Toasted's	Cottage cheese Club crackers	Goldfish Milk	Whole white grain Bagel pizza	Peaches Ritz crackers	Inf-Todd PS
PM 	Turkey slice Ritz crackers	Apple Toasted's	Cheese stick Club crackers	Fresh veggie Wheat thins	Saltines/Avocado Saltines/Carrots	
Week 3						
AM	Pears Club crackers	Yogurt Graham crackers	Cheese it's Milk	Pears Saltines	Peaches Saltines	
PM 	Ham slice Club crackers	Hummus Pita	Fresh fruit Animal crackers	Fresh fruit Graham crackers	Banana muffin Water	
Week 4						
AM	Pears Ritz	Cottage cheese Club crackers	Goldfish Milk	Whole grain Italian dunkers	Peaches Wheat thins	Inf-Todd PS
PM	Turkey slice Saltines	Apple Toasted's	Cheese stick Ritz crackers	Fresh veggie Wheat thins	Ritz/Avocado Ritz/Fresh carrot	

2018

YUM YUM YUM

Menu is subject to change

US Foods

US Foods Special

CUB

Sam's Club

Dan's Milk Delivery