




RHECC LUNCH MENU

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 1						
River Hills Early Childhood Center	Meatloaf Mashed potatoes Peaches Whole grain bread	Grilled cheese Tomato soup Fresh fruit	Beef tacos's Whole grain tortilla Black beans Applesauce	Mini corn dogs Carrots Mandarin oranges	Beef sloppy joe's Mixed fruit Sweet potatoes	
Week 2						
	Whole grain pasta Chicken alfredo Peas Peaches	Ham&Cheese rollup Fresh carrots Blueberries	Beef burrito Veggie meley Cantaloupe	Whole grain bun Beef patty Green beans Mandarin oranges	Chicken taco's Black beans Mixed fruit	
Week 3						
	Chicken patty Whole wheat bread Peas Peaches	Hot turkey Whole grain bread Vegetable soup Fresh fruit	Whole wheat Stuffed pizza Corn Cantaloupe	Ravioli Carrots Fresh fruit	Polluck shapes Zuchinni Mixed fruit	
Week 4						
	Turkey dog Mac & cheese Peaches Peas	Whole grain Italian dunkers Fresh carrots Blueberries	Spaghetti& Meatballs Zuchinni Applesauce	Whole grain Cheese Pizza Green beans Mandarin oranges	Whole grain bun Bbq chicken Sweet potato Mixed fruit	

Milk will be served with each meal

Menu is subject to change

US FOODS

US FOODS Special

CUB

Sam's Club

